

How to insert your photo in the Good Practice social media template

- Download the Good Practice social media template.
- Make sure you have Adobe Photoshop installed on your computer and open the file.
- You will see two templates – a square (for Facebook and Instagram) and a story version.
- Select the **'replace this image'** layer highlighted in red and click **'File'** on the upper left of the screen. Under **'File'** select **'Place embed...'** and locate the photo to upload.
- Do the same thing for the story version.
- **To save the files on your desktop.** Select **'File'** and click **'Export' > 'Quick export as .png'** and save it.

